



# Enhancing Diversity in Health Research: Strategies for Inclusive Patient Partnerships

## Why Did We Do This Research?

- Patients & people with lived experiences greatly contribute to health research
- Research teams often lack cultural & ethnic diversity, not reflecting knowledge users
- Utilizing tools, strategies, & approaches for equity & diversity is crucial in health research

## How Did We Do This?

- **Two patient partners co-led the review**
- **We reviewed research** to identify & map the available tools, strategies, & approaches to support equity & diversity for patient partnership in health research

## What Did We Do?



**Patient partners and researchers collaborated** to conduct a scoping review

- 1** We looked at studies that had patients as research partners & had at least one tool, strategy, or approach to support equity & diversity
- 2** Our search **identified 24,037 articles** & we screened them for eligibility
- 3** **66 articles were selected for inclusion**

## What Did We Find?

- Most studies took place in North America
- Patient partners from Indigenous, Black/African American/East African, Hispanic/Latinx, Asian & diverse ethnocultural backgrounds were included

**156 tools, strategies, & approaches were identified & mapped to 7 categories:**



**Engagement**  
65 studies



**Trust Building**  
10 studies



**Power Structures**  
15 studies



**Capacity Building**  
22 studies



**Inclusion**  
13 studies



**Methodologies**  
31 studies

## Call to Action

**Join us in championing diversity in health research.** Advocate for inclusive practices & support equity & diversity initiatives to ensure that all voices are heard & valued.

