SPOR Evidence Alliance Seed Grant Impact Story



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Project:

Engaging Red River Métis citizens in Manitoba in the development of child health resources

What key learnings did your seed grant funded project reveal?

- There is a critical gap in the child health information available to Indigenous families.
- There are concrete actions that health care providers, organizations, and researchers can take to improve Indigenous families' access to meaningful child health information.
- Barriers to information access include racism and discrimination during health care visits, ineffective communication with health care providers, and structural barriers (e.g., transportation).
- Facilitators to accessing information include easy access (e.g., available within local communities), improved communication and relationships with health care providers, and culturally safe health care.
- There is a critical gap in understanding Indigenous families' information needs and preferences when making decisions about children's health.
- Child health resources can support revitalization of Métis language and culture.

How will your findings benefit the health research environment?

- This research is a critical step in addressing an identified need by the Manitoba Métis Federation (MMF) for Red River Métis families to have culturally relevant and meaningful resources available when their children are sick.
- Findings from this research will inform the adaptation of child health resources with Red River Métis families.

How did you disseminate your findings?

- · Published two manuscripts:
 - Knisley L, Linton J, Driedger SM, et al. Examining the experiences of Indigenous families seeking health information about caring for sick or injured children: a scoping review. BMJ Open 2023;13:e069697. doi:10.1136/bmjopen-2022-069697





- Knisley L, Driedger SM, Hartling L, et al. We're here too: child health information-seeking experiences and preferences of Red River Métis families a qualitative study. *International Journal for Equity in Health*. 2023; 22(1):252. doi: 10.1186/s12939-023-02069-0
- Presented at the KT Canada Scientific meeting:
 - Examining the experiences of Indigenous families seeking health information for their sick or injured child: a scoping review to inform the cultural adaptation of knowledge translation tools in child health. KT Canada Scientific Meeting. May 11, 2023.
- Shared preliminary findings with attendees at the MMF Annual General Meeting (to Red River Métis families/citizens) and discussions with the MMF Health & Wellness team.

What influences did the seed grant opportunity have in your subsequent research endeavours?

- The seed grant opportunity provided funding to ensure that parents and Elders were compensated for their time and contributed to meaningful and respectful engagement.
- Flexibility within the grant also allowed this research to adapt and continue during the COVID-19 pandemic.

What successes and milestones did the opportunity help you realize in your professional development?

- Published my first scoping review in a peerreviewed journal.
- Gained experience in community-based participatory research.



