Peer support networks for people with chronic pain

Population	People with chronic pain
Intervention/Exposure	Peer support network; personal pain care management
Comparator	No care management; no peer support network
Outcomes	QoL; chronic pain management

Interview Details:

Why did you choose this topic and why is it important to you?
- Faced a lot of barriers when receiving care for chronic pain management.
- Feels that people experiencing chronic pain are underserved, under resourced, and tend to hover in healthcare for years.
- Support networks allow individuals to share lived experiences and are a tool for knowledge exchange.

What do you hope to learn from researching this topic?
- Increase awareness among providers and the public on the social support aspect of chronic pain management.
- Explore how beneficial pain support groups are for those experiencing chronic pain.
- Explore how communities can support people living with chronic pain management, and the different dimensions of their pain.
- Explore approaches for how peer support networks can be scaled up and implemented.

Who needs to know about the findings?
- Communities
- Chronic pain and advocacy groups (e.g., arthritis associated pain groups)
- Healthcare and allied healthcare providers
- Researchers

Is there anything that you feel a panel of patients, caregivers, healthcare providers, and policy-makers should keep in mind when reviewing this topic?
- Methodologically, scoping reviews, jurisdictional scans or surveys of individuals in focus groups can be used.
- Explore ways in which support groups are developed and led.

Anything else you would like to share?
- Exemplars of peer support networks in other Canadian jurisdictions, which can be covered in a scoping review, such as the work being done by Pain BC and Pain Canada.

Feasibility Assessment Results

Summary:

No reviews were identified during the scoping literature search.

Conclusion:

There is scope to conduct further research in this area.