

Pain education reference guides for people with chronic pain

Population	Patients with chronic pain
Intervention/Exposure	Pain education reference guide (plain language and multilingual translations to English)
Comparator	No pain education
Outcomes	QoL; chronic pain management; patient-physician communication; knowledge levels; provider experiences; patient experiences

Interview Details:

Why did you choose this topic and why is it important to you?

- Living with chronic pain and when seeking help from healthcare practitioners, they did not have the language to effectively communicate and describe the pain, therefore it became challenging to receive the help they needed.
- They have multiple English-speaking peers who have had major surgeries, who struggled to describe their pain.
 - Even though they are high-functioning and self-advocating, they needed coaching from the interviewee to receive better care.
- People with poor health literacy may have increased difficult interactions with healthcare providers (i.e., poor patient-provider experiences).
 - It is critical to use language effectively to help diagnose and allow for better treatment.

What do you hope to learn from researching this topic?

- Interested in having a resource available for patients to support themselves; an easy-to-use guide available widely with visual printouts in various languages.

Who needs to know about the findings?

- Patients and caregivers
- Healthcare providers
- Various organizations and societies (e.g., pain management societies)
- Pharmacists and allied health clinics
- Funding bodies

Is there anything that you feel a panel of patients, caregivers, healthcare providers, and policy-makers should keep in mind when reviewing this topic?

- It is important for healthcare providers and policymakers to make thoughtful and intelligent use of technology that can make a huge difference without huge cost.

Feasibility Assessment Results

Summary:

No reviews were identified during the scoping literature search.

Conclusion:

There is scope to conduct further research in this area.