

Public Health Implications of SARS-CoV-2 Variants of Concern

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Introduction

The SARS-CoV-2 virus, responsible for COVID-19, was declared a global pandemic by the World Health Organization (WHO) in March 2020.¹ As of October 22, 2021, over 241 million cases of COVID-19 have been reported worldwide and over 4.9 million people have died as a result of COVID-19 since the start of the pandemic.² Increased numbers of COVID-19 cases are causing significant concerns around identifying optimal vaccination strategies and enforcing appropriate public health measures to manage the spread of the SARS-CoV-2 virus.

As of September 10, 2021, four variants of the original SARS-CoV-2 lineage have been declared variants of concern (VOC) by the WHO, with other variants under ongoing assessment (see Table 1).³ VOC are defined by their increased potential for transmission, presence of genomic mutations, and rapid spread across countries or regions leading to possible decreased effectiveness of public health measures.⁴ The increased transmissibility of VOC has led to surges in COVID-19 incidence and consequently, hospitalizations and mortality.⁵ Therefore, this living systematic review aims to provide a synthesis of current evidence related to VOC in the context of public health measures. This living synthesis builds on a previous rapid scoping review examining the impacts of VOC on public health and health systems conducted by this team.⁶

WHO Name	PANGO LINEAGE	Alternate name	Country first detected in	Earliest samples
Alpha	B.1.1.7	VOC 202012/01	United Kingdom	September 2020
Beta	B.1.351	VOC 202012/02	South Africa	August 2020
Gamma	P.1	VOC 202101/02	Brazil	December 2020
Delta	B.1.617.2	N/A	India	October 2020

Table 1. Current variants of concern (VOC)^{3,7}

Emerging Points of Interest

- There is evolving evidence regarding changes in vaccine scheduling related to the need for a third dose of vaccine.
- Multiple studies show that frequent PCR or rapid antigen testing (ideally, 1-3 times per week) is one of the most effective strategies for preventing and containing outbreaks, especially in schools and post-secondary settings.

- Public health measures in the community help mitigate cases in schools, as transmission is more likely to occur in the community than in schools.
- Evidence related to public health measures and Delta is emerging rapidly.
- An increasing number of modelling studies indicate that by vaccinating children and/or adolescents, the impact of VOC, particularly Delta, could be mitigated, along with the continued vaccination of adults.
- Increasing evidence shows that combined NPIs are more effective than single NPIs at containing outbreaks.
- Some evidence showing that mixing vaccine types and booster vaccines (i.e., third doses) provides good protection against VOCs.
- Increasing evidence suggests that a third dose of vaccine would be beneficial, particularly against Delta, due to waning immunity among early vaccinated populations.
- In light of Delta, continued evidence suggests that a combination of vaccine rollout and NPIs is needed to reduce infection.
- Universal mask-wearing continues to show importance in reducing the spread of COVID-19, particularly indoors (e.g., workplaces and schools), regardless of vaccination status.
- Minimizing social contacts among adults may be required to reduce spread and keep children in school, and hybrid learning may further reduce the spread of COVID-19, hospitalization, and death.

Patient-Identified Key Messages

- There is a need to continue with masking and other NPIs as indicated by Public Health, even if you are double vaccinated.
- A third (booster) vaccine is likely going to be required to stay ahead of Delta variant. Be prepared when your times comes.
- Frequent PCR and rapid testing, including asymptomatic testing, is needed to monitor and manage transmission of VOCs.

Categories of evidence included in this report are as follows:

Modifying approach to vaccines: Any studies that reported on changing approaches to vaccinations such as modelling the rollout schedules or impact of NPIs in relation to vaccine schedules. Four sub-categories fell under this category:

- a) Modelling potential vaccination rollout schedules
- b) Evaluating past vaccination rollout schedules
- c) Modelling potential vaccination rollout schedules in the presence of NPIs
- d) Evaluating past vaccination rollout schedules in the presence of NPIs

Infection prevention measures: Any studies that reported on public health measures aimed at preventing the spread of VOC such as mask wearing, hand washing or physical distancing.

Infection control measures: Any studies that reported on public health measures aimed at controlling the spread of VOC such as quarantines, lockdowns, screening or testing strategies.

Results Tables

The following tables present a summary of evidence in relation to each of the categories described above. **42 studies were added to this update, and the most recent content is in bold, blue font.**

Table 2. Evidence related to modifying approach to vaccination, divided by VOC	
*Note: Only observational studies were appraised for quality	

Category	Alpha (B.1.1.7)	Beta (B.1.351)	Gamma (P.1)	Delta (B.1.617.2)
Modifying approach to	vaccination			
Modelling potential vaccination rollout schedules for first and second doses	 Mixing vaccine types may be effective against SARS-CoV-2⁸ Global death toll would increase by 20% if vaccine-rich countries achieve full vaccination status before exporting vaccines to countries in-need⁹ Accelerated vaccine rollout (60 doses/day/10,000 pop) would reduce severe health outcomes¹⁰ Estimated current vaccine schedule of 1/1000 doses/person/day would need to be quadrupled to control the spread of VOC¹¹ Speed of vaccine rollout is key factor in achieving low IAR, burden of disease¹²⁻¹⁸, preventing additional VOC-driven waves¹⁹, and mitigating the effect of decreased vaccine effectiveness²⁰ Change in inter-dose vaccine period from 21 to 42 days is preferrable for vaccine mode of action at the end of infection course, severe 	 Speed of vaccine rollout is key factor in achieving low IAR and disease burden¹³ Herd immunity could be reached in China by Sept 2021 if vaccines extended to age 3+²⁴ 	 Speed of vaccine rollout is key factor in achieving low IAR and disease burden^{16,18} and preventing additional VOC- driven waves^{19,26} Postponing second vaccine dose is not recommended to avoid VOC-driven waves¹⁹ Herd immunity could be reached in China by Sept 2021 if vaccines extended to age 3+²⁴ 	 Targeted vaccine roll out focusing on children²⁷ or adolescents²⁸⁻³⁰ needed to mitigate spread and reach herd immunity Mixing vaccine types may be effective against SARS-CoV-2⁸ Unvaccinated individuals about 10x more likely to experience symptomatic infections vs vaccinated people³¹ Speed of vaccine rollout is key factor in achieving low IAR and disease burden¹⁶, preventing additional VOC-driven waves ¹⁹, and mitigating the effect of decreased vaccine effectiveness²⁰ Prioritizing first dose is recommended, as higher protection

		epidemic and low vaccine						associated with
		supply rate ²¹						extended schedules ³²
	•	Postponing second vaccine					•	Postponing second
		dose is not recommended to						vaccine dose is not
		avoid VOC-driven waves ¹⁹						recommended to
	•	Proactive surveillance and						avoid VOC-driven
		prioritized vaccination can						waves ¹⁹
		reduce severe illness and					•	Herd immunity could
		mortality in vulnerable						be reached in China
		groups ²² with vaccinating						by Sept 2021 if
		children enhancing these						vaccines extended to
		benefits ^{23,24}						age 3+; however,
	•	Minimal impact of vaccinating						87.5% of entire
		youth (10-19yr) in reducing						population would
		transmission, unless 80% of						need to be vaccinated
		adult population is						with a 95%
		vaccinated ²⁵						efficacious vaccine
								using Delta's
								transmission
Modelling potential	•	Third doco of vaccino is	•	Third doco of		Third doco of	•	Third dose of vaccine
vaccination rollout	•	required to eliminate	•	vaccine is required	•	vaccine is required	•	novides good
schedules for third		developing mutations and		to eliminate		to eliminate		protection against
doses		reduce transmission rates ^{33,34}		developing		developing		VOC ³⁵ and may be
				mutations and		mutations and		necessary to mitigate
				reduce transmission		reduce transmission		the expected waning
				rates ³³		rates ³³		immunity of vaccines
								and increased
								infectivity of
								Delta ^{28,36}
							•	Third dose of vaccine
								is required to
								eliminate developing
								mutations, reduce

				transmission rates ^{33,34}
Evaluating vaccination rollout schedules for first and second doses	 Prioritizing first dose is recommended, as higher protection is associated with extended schedules^{32,37} particularly in individuals not previously exposed to SARS- CoV-1³⁸ Mixing doses (AstraZeneca + Pfizer) at 10-12 week intervals was well tolerated & improved immunogenicity compared to 2 doses of the same vaccine at the same or shorter intervals³⁹ 	 Mixing doses (AstraZeneca + Pfizer) at 10-12 week intervals was well tolerated & improved immunogenicity compared to 2 doses of the same vaccine at the same or shorter intervals³⁹ 2 doses of vaccine with 10 week delay increases antibody response in serum samples of both previously infected and naïve individuals⁴⁰ Second dose can be delayed in situations of limited supply and high incidence⁴¹ 	 Targeted vaccination of 80+ age group associated with decreased mortality compared with younger group⁴² 	 Prioritizing first dose is recommended, as higher protection associated with extended schedules³² particularly in individuals not previously exposed to SARS-CoV-1³⁸ 2 doses of vaccine with 10-week delay increases antibody response in serum samples of both previously infected and naïve individuals⁴⁰ Transmission reduction declines 3 months post 2-dose regime of Pfizer and AZ⁴³
	Appraised studies were of high quality	Appraised studies were of high quality	Appraised study was of medium quality	Appraised studies were of medium to high quality
Evaluating vaccination rollout schedules <i>for third doses</i>	• Third dose of vaccine provides good protection against VOC ^{44,45}	N/A	Third dose of vaccine provides good protection against VOC ^{44,45}	 Third doses can increase antibody levels and neutralizing

Modelling different	Appraised study was of medium quality • Advocate for NPIs to remain in	Advocate for NPIs to	Appraised study was of medium quality • Advocate for NPIs	 capability⁴⁶ among immunocompromised individuals⁴⁷ Third dose can result in short term reduction of testing positive for Delta compared with 2- dose regime⁴⁶ Third dose of vaccine provides good protection against VOC^{44,45,48,49} Appraised studies were of medium quality Advocate for NPIs to
relation to NPIs <i>in the</i> general population	place during vaccine roll out until sufficient population immunity ^{25,50–57}	remain in place during vaccine roll out until sufficient	to remain in place during vaccine roll out until sufficient	remain in place during vaccine roll out until sufficient
	 In ris alongside accelerated vaccine roll out is needed to control outbreak^{18,28,30,31,54,57–61}, with a focus on targeting vulnerable populations⁹ In OECD, countries fully vaccinating 40% of the population would allow for easing of containment policies⁶² 	immunity ^{50,51,57}	 immunity⁵⁷ NPIs alongside accelerated vaccine rollout is needed to control outbreak¹⁸ Herd immunity is achieved through a combination of natural immunity, the use of different vaccines and social distancing²⁶ 	 immunity⁵⁷ Combination vaccine (accelerated) and NPIs are required to reduce transmission rate^{19,56,58,63-69}, hospitalizations and deaths⁷⁰ Stringent NPIs and third booster may be needed to stop spread of Delta^{36,71,72}

Modelling different vaccine schedules in relation to NPIs <i>in</i> <i>school settings</i>	N/A	N/A	N/A	 Even with the combination of vaccine and NPIs, infections will hit school aged children the hardest during the Fall 2021⁷³ NPI and intense vaccine strategy targeting students ^{29,74} and/or teachers⁷⁵ is needed to substantially reduce the risk of infection Increasing vaccine coverage in adolescents and regular testing essential to keep schools open⁷⁶
Evaluating different vaccine schedules in relation to NPIs <i>in the</i> <i>general population</i>	N/A	N/A	N/A	 High vaccine rates plus multicomponent prevention strategies are important to reduce transmission in congregate settings⁷⁷ Appraised study was of high quality
Evaluating different vaccine schedules in relation to NPIs <i>in</i> <i>school settings</i>	N/A	N/A	N/A	 Staff vaccination and strict NPI are needed in schools to protect younger children⁷⁸

		Appraised study was of
		medium quality

Category	Alpha (B.1.1.7)	Beta (B.1.351)	Gamma (P.1)	Delta (B.1.617.2)
Infection prevention m	easures			
Hand washing	 VOC responds similarly to ethanol and soap as non-VOC⁷⁹ Vaccinated individuals may do less handwashing than non- vaccinated individuals⁸⁰ 	 VOC responds similarly to ethanol and soap as non- VOC⁷⁹ Vaccinated individuals may do less handwashing than non-vaccinated individuals⁸⁰ 	 Vaccinated individuals may do less handwashing than non-vaccinated individuals⁸⁰ 	 Vaccinated individuals may do less handwashing than non- vaccinated individuals⁸⁰
	Appraised study was of medium quality	Appraised study was of medium quality	Appraised study was of medium quality	Appraised study was of medium quality
Hand washing— Modelling studies	N/A	N/A	N/A	N/A
Masking	 No difference was found between surgical and cloth masks, but tighter fitting masks recommended indoors⁸¹ Double mask combination of surgical/two-layer cloth I + N- 95 improved fit and protection⁸² Vaccination status did not change mask wearing in China⁸⁰ 	 Double mask combination of surgical/two-layer cloth + N-95 improved fit and protection⁸² Vaccination status did not change mask wearing in China⁸⁰ 	 Double mask combination of surgical/two-layer cloth + N-95 improved fit and protection⁸² Vaccination status did not change mask wearing in China⁸⁰ 	 Vaccination status did not change mask wearing in China⁸⁰
	Appraised studies were of medium quality	Appraised study was of medium quality	Appraised study was of medium quality	Appraised study was of medium quality

Table 3. Evidence related to infection prevention measures, divided by VOC*Note: Only observational studies were appraised for quality

Masking <u>in the</u> <u>general population</u> — <i>Modelling studies</i>	 Moderately effective masks, when worn consistently correctly by a large portion of the population, are effective at preventing transmission⁸³ 	N/A	N/A	 Regardless of vaccination status, masks can reduce the spread of COVID-19⁶⁹ Masks are recommended in the workplace unless 100% vaccination with 95% effectiveness and community infection rate is <150 per 100,000⁸⁴
Masking <u>in school</u> <u>settings</u> —Modelling studies	N/A	N/A	N/A	 Universal masking in schools is recommended to reduce in-school transmission^{71,75,85–} 87
Physical distancing	 Settings where physical distancing is unlikely (e.g., hair salons, visiting with friends inside the home) present the highest risk of transmission⁸⁸ In daycares, strict contact restrictions like group assignments among children and staff assignments to groups prevent infections⁸⁹ Vaccinated individuals may engage in less physical distancing than non-vaccinated individuals⁸⁰ 	 Vaccinated individuals may engage in less physical distancing than non-vaccinated individuals⁸⁰ 	 Vaccinated individuals may engage in less physical distancing than non-vaccinated individuals⁸⁰ 	 Vaccinated individuals may engage in less physical distancing than non- vaccinated individuals⁸⁰

Physical distancing <u>in</u> <u>the general</u> <u>population</u> — <i>Modelling studies</i>	 Appraised studies were of medium to high quality Strong physical distancing measures are critical, even with a mass vaccination campaign^{19,91} and physical distancing may need to be strengthened by 33.7%⁹³ 	 Appraised study was of medium quality Strong physical distancing measures are critical even with a mass vaccination campaign^{50,94} 	 Appraised study was of medium quality Strong physical distancing measures are critical even with a mass vaccination campaign⁹⁴ 	 Appraised study was of medium quality Strong physical distancing measures and high compliance are critical even with a mass vaccination campaign^{19,91,92}
Physical distancing <u>in</u> <u>school settings</u> — <i>Modelling studies</i>	Adult physical distancing may need to be reduced by 30% ⁶⁶ to minimize high case counts and allow children to return to school	N/A	N/A	 Adult physical distancing may need to be reduced by 30%⁶⁶ to minimize high case counts and allow children to return to school Increasing social distance (e.g., hybrid schooling) can reduce peak hospitalization and death, although it is more disruptive to learning⁸⁷

Category	Alpha (B.1.1.7)	Beta (B.1.351)	Gamma (P.1)	Delta (B.1.617.2)
Infection control n	neasures			
Testing <u>in the</u> <u>general</u> <u>population</u>	 Offering voluntary testing 1-2 times/week to all employees and daily to close contacts of cases for 10 days allowed employees to continue working rather than quarantine⁹⁵ Employees more likely to get tested using saliva samples than nasal swabs⁹⁵ Testing and routine surveillance of populations at risk are critical⁹⁶ Self-collection and pooling approaches to testing of travellers allows large-scale screening using less human, material and financial resources⁹⁷ 	 Offering voluntary testing 1-2 times/week to all employees and daily to close contacts of cases for 10 days allowed employees to continue working rather than quarantine Employees more likely to get tested using saliva samples than nasal swabs⁹⁵ 	 Mass saliva analysis is a cheap, easy to collect, and feasible asymptomatic testing strategy to potentially slow variant outbreaks⁹⁸ 	N/A
	Appraised studies were of high quality	Appraised study was of high quality	Appraised study was of low quality	
Testing in school	• In one university setting,	N/A	N/A	N/A
<u>settings</u>	compulsory weekly testing			
	of students living in			
	dormitories successfully			
	detected an outbreak ⁹⁹ ; in			
	another, asymptomatic			
1	mass testing needed to be	1	1	1

Table 4. Evidence related to infection control measures, divided by VOC*Note: Only observational studies were appraised for quality

Testing in the	very frequent (~every 3 days) to be effective at containing outbreaks ¹⁰⁰ Appraised study was of medium quality	Expanding testing Expanding testing	More frequent testing (PCR
general population Modelling studies	 and reducing testing delays (e.g., time from testing to results) both have an effect on epidemic growth¹⁰¹ Another strategy to prevent outbreaks in the workplace is to offer targeted rapid testing (rather than mass testing) and begin quarantine procedures sooner for direct and indirect contacts¹⁰² Testing and routine surveillance of populations at risk are critical¹⁰³ Surveillance of travellers remains important⁵² Daily testing for 5 days could circumvent the need for quarantine of travellers¹⁰⁴ Pre-flight tests may prevent the majority of transmission from travellers¹⁰⁴ 	 capacity and reducing testing delays (e.g., time from testing to results) both have an effect on epidemic growth¹⁰¹ Testing and routine surveillance of populations at risk are critical even with a mass vaccination campaign⁵⁰ capacity and reducing testing delays (e.g., time from testing to results) both have an effect on epidemic growth¹⁰¹ 	 or rapid antigen) is an effective NPI against Delta^{75,84,105,106} Rapid antigen tests perform best in low prevalence settings; when prevalence increases, they perform poorly due to high numbers of false negatives¹⁰⁵ Rapid antigen test performance improves with repeat testing (in one model, 2 tests 36 hours apart¹⁰⁵; in another, 3 times/week⁸⁴ Expanding testing capacity and reducing testing delays (e.g., time from testing to results) both have an effect on epidemic growth¹⁰¹ The optimal testing strategy is weekly testing of the entire unvaccinated population, plus a 10-day isolation requirement for positive cases and their households^{107,108}

Testing <u>in school</u> <u>settings</u> — <i>Modelling</i> <i>studies</i>	N/A	N/A	N/A	 In schools, the only single NPI (vs. combined NPIs) that is effective is antigen testing students twice weekly⁷⁵ In schools, regular testing is a more effective strategy than bubble quarantining¹⁰⁶ In a model of partially vaccinated K-12 schools, regular testing effectively prevented outbreaks; effect correlated with frequency (i.e., testing 1-2 times/week was better than biweekly)⁷⁶ In another model of K-12 schools with mandatory masking, testing 50% of students reduced infections
Quarantine (close contacts and travellers) <u>in</u> <u>the general</u> <u>population</u>	 In a workplace with mandatory daily testing and other NPIs for close contacts, quarantine was not required to contain outbreaks⁹⁵ Alpha cases almost twice as likely to give rise to household clusters compared with wild type cases, highlighting importance of quarantining household contacts^{109,110} 	 Some studies found that mandatory quarantine and contact tracing are required⁷⁷ Conversely, in a workplace with mandatory daily testing and other NPIs for close contacts, quarantine was not required to contain outbreaks⁹⁵ 	• Mandatory quarantine may be an effective way to contain Gamma ¹¹³	N/A

	 Mandatory quarantine and contact tracing are required^{77,96,104,111–113} Appraised studies were of low to high quality 	Appraised studies were of high quality	Appraised study was of low quality	
Quarantine (close contacts and travellers) <u>in</u> <u>the general</u> <u>population</u> — <i>Modelling</i> <i>studies</i>	 At least 40% (ideally 50%) of close contacts must be traced and quarantined to achieve containment of strain-specific outbreaks¹⁰¹ Mandatory quarantine and contact tracing are required^{69,75} and may need to be extended to indirect contacts in workplace settings¹⁰² A 10-day quarantine period may be as effective as a 14-day quarantine period¹⁰⁴ 	 At least 40% (ideally 50%) of close contacts must be traced and quarantined to achieve containment of strain-specific outbreaks¹⁰¹ Some studies found that mandatory quarantine and contact tracing are required⁷⁶, and Beta may require more extreme quarantine and testing measures than other variants¹¹¹ 	 At least 40% (ideally 50%) of close contacts must be traced and quarantined to achieve containment of strain-specific outbreaks¹⁰¹ Forced prolonged cohabiting may boost viral ability to generate Gamma mutation¹¹⁴ 	 At least 40% (ideally 50%) of close contacts must be traced and quarantined to achieve containment of strain-specific outbreaks¹⁰¹
Quarantine (close contacts and travellers) <u>in</u> <u>school settings</u> — <i>Modelling</i> <i>studies</i>	 In a university setting, quarantine of close contacts is important in preventing transmission during the term ¹⁰⁰ 	N/A	N/A	 In schools, bubble quarantine (i.e., sending classroom contacts home) results in large numbers of pupils absent from school, with only modest impact on classroom infection rates¹⁰⁶ In K-12 schools, reactive quarantining of classes with

Isolation (confirmed COVID-19/VOC cases)	N/A	N/A	N/A	a confirmed case do not have a high benefit, but do have a high cost in terms of student-days lost ⁷⁶ N/A
Isolation (confirmed COVID-19/VOC cases) <u>in the</u> <u>general</u> <u>population</u> — <i>Modelling</i> <i>studies</i>	 Complete isolation of Alpha cases is required to prevent outbreaks; even a small number of infected people dramatically increases the probability of sustained community transmission¹² 	N/A	N/A	 To control outbreaks, the optimal testing strategy is weekly testing of the entire unvaccinated population, plus a 10-day isolation requirement for positive cases and their households¹⁰⁷
Isolation (confirmed COVID-19/VOC cases) <u>in school</u> <u>settings</u> — <i>Modelling</i> <i>studies</i>	 In a university setting, isolation of confirmed cases is important in preventing transmission during the term¹⁰⁰ 	N/A	N/A	N/A
Lockdowns <u>in the</u> general population	• Lockdowns can exacerbate outbreaks when transient workers are forced to return home from cities to smaller villages ¹¹⁵	Lockdowns can exacerbate outbreaks when transient workers are forced to return home from cities to smaller villages ¹¹⁵	N/A	 Lockdown was one of the most effective strategies to address India's Delta wave¹¹⁶
Lockdowns <u>in the</u> general population—	 Decreased retail and recreational mobility contributed the most to a 	N/A	N/A	 Delta requires stronger lockdown measures than wild type ^{34,64}

<i>Modelling</i> <i>studies</i>	 reduction in community transmission¹¹⁷ Alpha requires stronger lockdown measures than wild type^{34,60,64,118,119} including increased length,^{120,121} earlier implementation¹¹⁸ and stricter regional travel restrictions^{34,103} Shorter, stricter lockdowns may be more effective than longer, moderate lockdowns due to waning adherence¹²² 			 In an Australian model, the strength of lockdown had a bigger impact on hospitalizations and deaths than vaccination strategies⁷⁰ Early public interventions— lockdowns imposed during an 'optimal time window'— lead to reduced death counts from Delta¹²³
Lockdowns <u>in</u> school settings—	Keeping schools partially open while keeping most	N/A	N/A	N/A
<u>School settings</u> Modelling	of society closed brought R			
studies	below 1 in a UK model ⁶⁵			
Other/combined NPIs <u>in the</u> <u>general</u> <u>population</u>	 In June 2021, when Alpha was still prevalent, VOC were highest in Canadian provinces with moderate vaccine uptake and strict NPIs, and lowest in provinces with low vaccine uptake and moderate NPIs; this may suggest that the <i>timing</i> of NPI implementation (reactive vs. proactive) may have more of an impact than stringency¹²⁴ 	 NPIs should be implemented until herd immunity is reached²⁴ 	N/A	 Combined NPIs were required to address India's Delta wave¹¹⁶ NPIs should be implemented until herd immunity is reached²⁴

	 In daycares, NPIs like closures in the event of an outbreak can help contain Alpha¹²⁵ Appraised study is of high quality 			
Other/combined NPIs <u>in school</u> <u>settings</u>	 Opening schools is associated with increased infection rates in the community, but transmission is more likely to occur outside of school and be related to community prevalence¹²⁶ Public health measures in the community decreased school-related growth 2-6 times¹²⁶ In a university setting, isolation of students with COVID-19, contact tracing, and institution-wide prevention measures contributed to reductions in transmission⁹⁹ Appraised study is of medium 	N/A	N/A	 In schools, combined NPIs such as masking, routine testing, ventilation, social distancing, and isolation when symptomatic are very important^{78,106}
Other/combined NPIs <u>in the</u> <u>general</u> <u>population</u> —	 Multiple NPIs are more effective than single NPIs,^{17,24} and reactive NPIs (e.g., quarantine of close 	N/A	• Strict NPIs are required to contain Gamma ^{24,63}	Combined NPIs in the community have an immediate impact on case levels vs. the delayed impact of vaccines ⁷¹

<i>Modelling</i> <i>studies</i>	 contacts) must be deployed quickly Strong test-trace-isolate programs can be sufficient to maintain low case numbers^{58,127} Regional mobility networks and spatial connectivity drive patterns of transmission throughout the United States⁹¹ Strict NPIs may lead to overdispersion of highly transmissible variants, leading to their eventual dominance¹²⁸; evolution of highly transmissible variants may actually be a sign that NPI policies are 			 In a model of France, the only way to contain Delta was to keep combined NPIs in place until 100% vaccination coverage was reached⁵⁷ Regional mobility networks and spatial connectivity drive patterns of transmission throughout the United States⁹¹ Even modest improvements in a find, test, trace, isolate and support program would control transmission¹³⁰
Other/combined NPIs <u>in school</u> <u>settings</u> — <i>Modelling</i> <i>studies</i>	 In a university setting, staggering the return of students to residences is not significantly effective in preventing transmission¹⁰⁰ 	N/A	N/A	 The most effective NPI combination to prevent outbreaks in schools is improved ventilation and weekly antigen testing of teachers and students if a student is the source of infection; if a teacher is the source, mask usage is also required⁷⁵ In schools, continued use of multiple NPIs (e.g., universal masking and distancing or cohorting) is

		recommended ^{29,74,131} ,
		combined with high
		vaccination coverage ⁸⁶

Overview of the Evidence

As of October 22, 2021, 126 studies have reported on VOC and public health measures. We include 84 studies from earlier reports (including 21 studies from an earlier rapid review⁶, 31 from the first iteration of this report¹³², and 32 from the updated search on August 25, 2021). The key findings of included studies can be found in tables 2-4 above, while a more detailed summary of each study can be found in the supplementary material tables. The majority of reported evidence was related to Alpha (n=88), with fewer studies reporting on Beta (n=28 studies), Gamma (n=25 studies) and a rapidly growing volume of evidence related to Delta (n=60 studies).

Modifying Approach to Vaccine Delivery

- 76^{8-34,36-39,39-60,62-69,71-78,86,88,99,108,133} studies reported on vaccine delivery. The majority of modelling studies explored potential vaccine rollout schedules and made recommendations for accelerated vaccination campaigns. This included studies that modelled vaccine rollout in both the presence and absence of NPIs, such as lockdown measures.
- There is evidence to support delay of the second dose under certain conditions, such as limited supply and high incidence.^{22,23,38,40,41}
- Evidence is emerging about the value of third dose or booster vaccines³³, particularly in the context of Delta^{43–46,48,72,88} and immunocompromised patients.⁴⁷
- Several modelling studies^{73,74,76}suggest infections will likely hit school-aged children the hardest and recommend different targeted vaccine schedules with continued NPIs including testing.
- NPIs are recommended to continue in tandem with a vaccine rollout schedule.
- Modelling studies suggest that extending vaccine rollout to children and/or adolescents would help mitigate the spread of VOC, particularly Delta.^{27–30}

Infection Prevention Measures

- The one study that reported on handwashing and VOC found that Alpha and Beta respond similarly to ethanol and soap as wildtype SARS-CoV-2.⁷⁹
- One study found that vaccinated individuals may engage in less handwashing and physical distancing than non-vaccinated individuals but not mask wearing.⁸⁰
- Modelling studies suggest that when worn correctly, masks are effective against Alpha⁸³ and Delta, regardless of vaccination status⁶⁹, unless 100% vaccination with 95% effectiveness and community infection rate are <150 per 100,000.⁸⁴
- One study found no difference between cloth and surgical masks against Alpha,⁸¹ but another study found double masking better for protection against all VOCs.⁸²
- Universal masking in schools is recommended to reduce in-school transmission.^{71,75,85–} 87
- Nine studies reported on VOC and physical distancing measures.^{19,50,66,87–90,93,94} All studies recommended imposing strong physical distancing measures in the presence of all VOCs. Two studies suggest that reducing social contacts by adults may be required

to minimize spread and keep children in school, yet hybrid learning may further reduce the spread of COVID-19, hospitalization, and death.^{66,87}

Infection Control Measures

- Twenty^{50,52,75,76,84,85,95–108} studies reported on testing strategies related to VOC. Testing and routine surveillance of populations are critical to containing Alpha, Beta and Delta, even in the presence of mass vaccination campaigns. Cheaper approaches to testing are possible for detecting Alpha and Gamma.
- Fourteen^{94–96,100–102,104,106,109–114} studies reported on quarantine and VOC. Mandatory quarantine were reported as necessary to contain Alpha and Beta. Alpha and Gamma were identified as giving rise to more household clusters than wildtype, suggesting a need for adequate household quarantine measures.
- Three^{12,100,107} studies reported on isolation and VOC to contain transmission of the virus. One study was related to Alpha and Gamma respectively. Isolation duration varied across studies.
- Thirteen^{60,64,65,70,103,115–121,123} studies reported on lockdowns and VOC. All studies
 reported needing strict lockdown measures to contain Alpha or Delta. Some studies
 recommended longer lockdowns and more restrictive travel restrictions, while one
 study recommended short, strict lockdowns to mitigate the waning adherence to longer
 lockdowns. Two studies suggested earlier implementation of lockdown measures to
 limit virus spread^{105,123}.
- Twenty-four^{17,24,37,57,58,63,71,74,75,78,86,91,99,100,102,106,116,125–131} studies reported on other NPI infection control measures and VOC. Two studies recommended modest to strong test, trace and isolate strategies as necessary to control the spread of Alpha and Delta. Two studies found that deploying a combination of NPIs is more effective than single NPIs^{17,24}, and multiple studies recommended employing NPIs in conjunction with vaccine rollout to mitigate the spread of Alpha or Delta.

Methods

This living synthesis is building on previous evidence gathered up to May 11, 2021. Searches for this update were run on October 4, 2021, in MEDLINE (Ovid MEDLINE All), Embase (Elsevier Embase.com), the Cochrane Database of Systematic Reviews (CDSR) and Central Register of Controlled Trials (CENTRAL) (Cochrane Library, Wiley), Epistemonikos' L·OVE on COVID-19, and medRxiv and bioRxiv. Titles/abstracts and full text were screened independently by two reviewers. Data were double extracted using a standardized form. Studies were included if they reported on at least one of the VOC and public health measures. Critical appraisal was conducted for case-control, cohort, and cross-sectional studies using the Newcastle-Ottawa Scale for studies included in our previous rapid review⁶ while the appropriate Joanna Briggs critical appraisal tools were used for studies included in the living syntheses. Critical appraisal was not conducted for modelling or laboratory studies.

List of Abbreviations

COVID-19: coronavirus disease 2019 IAR: infection attack rate NPI: non-pharmaceutical intervention/s R: effective reproduction number VOC: variant/s of concern WHO: World Health Organization

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